

Comprehensive Classical Ballet Program

Classes & Descriptions

CHILDREN'S PROGRAMS

Ages 4 ½ - 7

Age 4 ½ -5: Pre- Ballet I

Promoting imagination, while building physical ability; the concepts of warming up and stretching are introduced, while the use of movement to communicate both concrete storyline ballets are emphasized with interactive group exercises. Age appropriate ballet vocabulary is included along with strengthening exercises as preparation for more formal training.

- Weekly time commitment: 1 time a week (45 min.)
- Age 4 ½ as of September 1

Age 6-7: Pre-Ballet II

This class continues to emphasize the relationship of music and dance and appreciation for music. The basic ballet vocabulary is expanded along with exercises that support balance, posture and spatial awareness as preparation for barre work in the primary level. The importance of musicality continues to be stressed for this age group. Group movement patterns are explored.

- Weekly time commitment: 1 time a week (1.hr.).
- Age 6 as of September 1

THE CLASSICAL BALLET PROGRAM

Ages 8-18

The Classical Ballet Program provides young dancers with a comprehensive curriculum designed to provide a strong classical technique. The program is structured in three progressive levels Elementary, Intermediate and Advanced. Beyond the core curriculum, students may further supplement their studies with elective classes in jazz, modern, tap, strengthening and aerobic classes.

Enrollment placement is based on the individual student's level of skill and accomplishment as well as his or her mental and physical readiness to progress as determined by the school's faculty and directors.

Multiple performing opportunities are available to our program students. The School presents 2 Spotlight performances for the Musical Theatre Division and an annual Spring Showcase in June for EVSPA students. Students, who wish to audition and participate in the Nutcracker Ballet, must be enrolled in a ballet class.

Elementary Ballet I

- Weekly ballet class time commitment: once a week (1 hour)
- Additional class offering: Tap, Jazz, Musical Theatre
- Spring performance group

Elementary Ballet II

- Weekly ballet class time commitment: once a week (1 hour)
- Additional class offering: Tap, Jazz, Musical Theatre
- Spring performance group

Elementary Ballet III

- Weekly ballet class time commitment: once a week (1 hour)
- Additional class offering: Tap, Jazz, Musical Theatre
- Spring performance group

Intermediate I

- Weekly ballet class time commitment: once a week (1.5 hours)
- Additional class offering: Tap, Jazz, Musical Theatre
- Spring performance group

Intermediate II

- Weekly ballet class time commitment (Beg. Pointe): minimum 2 times a week (3.25 hrs.)
- Additional class offering: Modern, Tap, Jazz, Strengthening and Aerobic classes.
- Spring performance group

Intermediate III

- Weekly ballet class time commitment (Pointe): 3 times a week (4.75hrs.)
- Additional class offering: Modern, Tap, Jazz, Strengthening and Aerobic classes.
- Spring performance group

Advance/Intermediate

- Weekly ballet class time commitment (Pointe & Variations): 4 times a week (6.75hrs.)
- Additional class offering: Modern, Tap, Jazz, Strengthening and Aerobic classes.
- Spring performance solo and group

Modern Dance

Modern Dance is part of the EVSPA's classical ballet program and is used to broaden the dancer's skills and styles for today's competitive dance careers. Classes teach a combination of techniques based on the styles of Cunningham, Taylor and Horton. They are designed to explore movement and develop self-expression which are an integral part of this curriculum. Students dance barefoot and learn the fundamentals of technique designed to increase flexibility and strength and to develop rhythmic sensitivity.